

The Sir John Colfox Academy



Inspiring Learning, Achieving Excellence

Headteacher: Mr Adam Shelley MEd, BSc Hons, PGCE, NPQH

02/09/2026

Dear Parents,

Please find below information regarding the PE kit and our PE policies for this year. Please find below a copy of the kit list and a breakdown for each sport:

Sport	Kit Needed
Football	Reversible Sports Top (Boys), PE shirt and Hooded top (Girls), Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, Long socks, Shinpads, Boots/Trainers (for grass)
Rugby	Reversible Sports Top (Boys), PE shirt (Girls), Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, Long socks, Shinpads, Boots/Trainers (for grass)
Hockey	Reversible Sports Top (Boys), PE shirt and Hooded top (Girls), Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, Long socks, Shinpads, trainers
Basketball	PE shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Netball	PE shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Running/Cross Country (Kit dependent on weather)	Reversible sports top or PE shirt, Hooded top, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, long blue or white socks, boots or trainers
Table Tennis	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Badminton	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Net/Indoor games	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Cricket	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Tennis	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Rounders	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers
Athletics	PE Polo shirt, Plain Blue/Black shorts/skorts/leggings/Tracksuit bottoms, white socks, trainers

Please note:

- **ALL** trainers that are worn in the sports hall must be non-marking
- A change into white socks or the blue football/rugby/hockey socks is required for each lesson

Although we use the kit supplier Kitz UK for our kit, there are some items that you can source yourselves if you so wish. However, the PE tops will need to be ordered through our suppliers. The link to the website if you wish to view the products is: <https://kitzuk.co.uk/>

The items that you may wish to purchase yourselves are tracksuit bottoms, shorts, skorts, leggings and socks, however these MUST be plain navy blue/black and not have stripes or any other design on them. A small discreet logo of the brand however is fine to have.

NO NOTE POLICY

The PE department has a '**no note policy**' for students. This means that as a parent you do not need to supply a note for us to excuse anyone from PE - the student simply tells their teacher they are unwell/injured and we take their word for it. However the no note policy does require the student to still bring in their PE kit as they then help out in lessons as either an assistant to the teacher, or an official in the sport being performed. All students must have their kit for every lesson. If the weather is particularly cold or unpleasant, then any student assisting in lessons but unable to go outside will still need their kit as they will help out in the indoor lesson instead.

This policy is designed to ensure everyone is still a part of PE and are not excluded from lessons, and it has been particularly beneficial in helping some students to develop their leadership skills and their confidence in working with others. Students who are unable to get changed for PE due to serious injuries or other circumstances should contact either the PE teacher concerned or the Head of Year to arrange alternative arrangements while recovery takes place

KIT MARKS

Any student who has incorrect kit (without a valid reason) or does not bring kit into school is given a kit mark. After three kit marks, each time a student forgets their kit they will be issued with a lunchtime detention. We encourage students to be responsible for organising their kit themselves, but in some circumstances we aware this is difficult and we are able to help out if necessary.

PIERCINGS

A change in our policy this year regards new ear piercings. Our Health and Safety organisation for Physical Education across the country highly recommend that no jewellery whatsoever is worn during PE lessons, so we follow that in order to protect the students and teachers from any issues that may arise. This is to protect both teachers and students from any issues that may arise.

However, if a student does have newly pierced studs in their ears that cannot be removed then we will allow students to take part if they are adequately taped (both front and back). However, this is the responsibility of the student to make sure this is the case, and not the teachers. If the teacher deems the taping to be inadequate and a potential health and safety issue to the individual or others, then they will not be allowed to take part in the lesson and will be asked to perform another role as a coach, leader, scorer or officiator. **We will log the date of the piercing, and then after the six week healing period it will be expected to be taken out for lessons.**

Regardless of whether jewellery cannot be removed or is taped up then students are still expected to bring their kit to each lesson and assist the teacher in a different role.

Yours Sincerely,



Mr G Littlechild
(Head of PE)