



COLFOX BULLETIN 5

HEADTEACHER NEWS

It has been another busy week, our extra-curricular clubs, GCSE help and homework help sessions are in full swing, students can come along at any point so please take a look and encourage your child to join in and try something new. Full timetable below. There are lots of clubs for all interests, not only sport, and if your child is interested in starting a new club let us know as we will do our best to set it up. Our brilliant sixth formers are great at supporting younger students and taking on the responsibility of helping to run new clubs through our Give Back scheme. Students interested in singing enjoyed a fantastic vocal workshop yesterday with brilliant Jazz Musicians Rebecca Nash and Sara Colman. They also gave a brilliant performance at the Colfox Recital Concert on our Steinway Grand Piano. We also enjoyed a visit this week from some lovely community safety dogs, we loved hearing about the amazing work they do in assembly. We look forward to welcoming all Year 7 Parents to 'Meet the Tutor' on Thursday. Have a good weekend, **Adam Shelley, Headteacher**

UPCOMING EVENTS

Week Beginning 12/10/26 Week A

Tue 13th - Student Council Meeting

Wed 14th Bournemouth Symphony Orchestra trip

Thur 15th - Y7 Meet the Tutor

Thur 15th - Concert trip

Thur 15th - Variety Show

Clubs info: colfox.org/clubs

 You can follow us on Facebook & Colfox PE is on Instagram

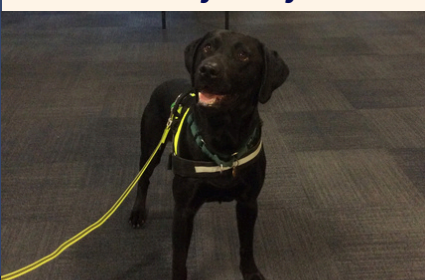


COMMUNITY SAFETY DOGS, SUPPORTING THE POPPY APPEAL & RUGBY SUCCESS!

We loved hearing about the wonderful work Community Safety Dogs do in assembly



Labradors Toby above & Holmes below were very lovely!



Sixth Formers Give Back



Our brilliant sixth formers are helping at Colfox and beyond as part of our 'Give Back' project.



Colfox Supports the Poppy Appeal
Our students will be selling Poppies in the Library - thanks Elliot & Filip for volunteering!

Rugby tournament Champions, well done team impressive performances!



Come to the Colfox Friends meeting on 20 Oct, 3.15pm at Colfox



Please come along & help decide how we spend the money raised last year - thank you! Email

MUSIC DEPT - INSTRUMENTAL SPECIALISTS VISITING TEACHERS

Individual lessons with instrumental specialists are available, contact direct for costs & to set-up. Some funding help may be available. Any queries email Ali Davies, Head of Music: adavies@sirjohncolfox.org

Jenny Armitage - Trumpet/Trombone - jentrumpet@outlook.com
Jack Beale - Guitar/Bass Guitar info@jackbealeguitar.co.uk
Joe Binmore - Piano - joe.binmore@gmail.com
Harvey Causley - Drums and Voice - harveycausley@hotmail.com
Lisa Collins - Piano - lisacollins30@outlook.com
Dr Thomas Gold - Violin/Viola goldthomas@aol.com
Lauren Good - Voice - glover_800@hotmail.com
Jack Revy - Drums - jackrevy@gmail.com
Peter Scott - Saxophone/Flute/Clarinet - peterj.scott@outlook.com

THIS WEEK'S FREE EXPERT SESSIONS

October support talks timetable

Supporting A Child With ADHD	13 Oct 10am
Understanding Addictive Behaviour	13 Oct 7pm
Autism Improving Communication	14 Oct 10am
Improving Family Communication	14 Oct 7pm

Lots of parents are going & finding them useful. We've paid for everyone to have free access (usual cost £24) choose your session here & use code SJC191226 colfox.org/talks

LUNCHTIME CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chess Club - A110	Creative Writing Club - Library	Drama Club - B201	Drama Club - B201	Heartstopper Club (Y10+) - A105
Volleyball (Y7/8/9)	Dungeons and Dragons - A101	Crochet and Knitting - Library	Blue Planet - B209	Crystals and Houseplants - A203
Table Tennis (Y7/8/9)	Pokemon and board games - A106	Volleyball (Y10/11)	Maths Club - A107	10-min Science club - A201
Hand Chimes (Y7/8)	Pickleball (Y7/8/9)	Table tennis (Y11 Girls)	Pickleball (Y10/11)	Badminton (Y7/8/9)
	Table tennis (Y10 Boys)	Orchestra (all years)	Table tennis (Y10 Girls)	Table tennis (Y11 Boys)
	Quiet Crafting Club B208			

AFTER SCHOOL CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Homework Club - Library	Homework Club - Library	Homework Club - Library	Homework Club - Library
Homework Club - SEN	Homework Club - SEN	Homework Club - SEN	Homework Club - SEN
	Robotics Club (Y8-12) - A209	Netball (Y9-10)	School play rehearsals - B201/B202
	Running Club (Y7-13)	Hockey (Y7-10)	Running Club
	Netball (Y7-8)	Rugby (Y7-8)	Rugby (Y9-10)
	Year 10 Music Club	Y7 Maths Circles	Y9 Music Club
		Y8 Maths Circles	
		Colfox Music Club (age 7-18, open to young people from others schools and home learners)	

Our Clubs are free, fun and beginners can join at any time, there are no after school clubs on Friday.

LUNCHTIME REVISION AND INTERVENTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Art (C204/205)	Art (C204/205)	Art (C204/205)	Art (C204/205)	Art (C204/205)
Drama (B201)	Physics (A209)	Biology (A205)	Business (A207)	Drama 7+ (B201)
Chemistry (A203)		Food (C101)	Food (C101)	DT - NEA Catch-up (C101)
		Physics (A208)		Physics (A202)
		Science Practicals (A201)		

AFTER SCHOOL REVISION AND INTERVENTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GCSE Netball	Ancient History (B218)	Science - see details outside A203 for topics, staff and rooms.	Art (C204/205)	Music (B205)
GCSE Badminton	English (B208/B209)		Business (A207)	
	Maths - Foundation (A110)	DT - NEA Catch-up Year 10 and 11 (C101)	Computer Science - Week B only (ICT)	
	Maths - Further (A109)	Maths - Higher (A109)	DT - Exam Theory (C101)	
	RS - (A106)	Spanish & French (B217)	Geography (A104)	
		RS - Year 10 - (A105)	GCSE Handball (Sports Hall)	
			History (A105)	
			Maths - Foundation (A110/A112)	

All revision clubs are intended for Year 11 unless otherwise stated.



Parent Support Sessions October

We all need help sometimes. Advice about supporting your child's wellbeing is available via special Zoom sessions. We've paid for free access for all our Colfox Parents & Carers. Simply choose your **session here** and at the payment stage click **'enter a promo code'** and use **SJC19226**.

Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm
Supporting A Child With ADHD	13 Oct 10am
Understanding Addictive Behaviour	13 Oct 7pm
Autism Improving Communication	14 Oct 10am
Improving Family Communication	14 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Facing Defiance	20 Oct 7pm
Anxiety Based School Avoidance	21 Oct 10am
Understanding Anger	21 Oct 7pm
Raising Self-Esteem (free for all)	23 Oct 7-8pm
Anxiety Explained	27 Oct 10am
Cannabis and Ketamine Awareness	27 Oct 7pm
What Is ACT?	28 Oct 10am
Introduction To OCD	28 Oct 7pm