The Sir John Colfox Academy
Inspiring Learning, Achieving Excellence

The Sir John Colfox Academy
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Upcoming Year 7–10 Assemblies & Workshops: Vaping and Nicotine Education

Dear Parents and Carers,

As part of our ongoing PSHE and safeguarding education programme, we are pleased to welcome *The Talk About Trust* to The Sir John Colfox Academy this Wednesday, 25th November.

During their visit, the charity will deliver tailored assemblies to all students in Years 7 to 10, alongside smaller, interactive workshops for select groups.

About The Talk About Trust

The Talk About Trust is a well-established charity passionate about helping children and young people make informed, healthy, and safe choices. For nearly twenty years, they have worked with schools across Dorset and beyond to provide high-quality, evidence-based education on drugs, alcohol, nicotine, vaping, and other health-related topics. Their core aim is to equip young people with the knowledge, confidence, and resilience they need to make positive decisions and navigate future challenges safely.

Focus of Wednesday's Sessions

The sessions at Colfox will focus specifically on reducing negative risk-taking around **vaping and other nicotine products**. The workshops are designed to be age-appropriate, engaging, and non-judgmental, giving students the facts they need to resist peer pressure and understand the health impacts of nicotine.

Further Information

If you would like to learn more about the charity's work or access resources to support conversations at home, please visit their website at https://talkabouttrust.org/.

Thank you for your continued support in helping us keep our students safe, informed, and healthy. If you have any questions regarding Wednesday's sessions, please do not hesitate to contact the school office.

Yours faithfully,

Carol Duffy

Deputy Headteacher.
The Sir John Colfox Academy

initio Learning Trust

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