

Exam Board:

AQA

Syllabus No:

7582

Teacher's Commentary:

This qualification builds on the students' experience from Key Stage 4 and GCSE to enhance their knowledge and increase their understanding of the factors that affect performance and participation in Physical Education. It looks to equip students with the skills and knowledge required for higher education or the world of work.

The specification offers students the opportunity to excel in a sport of their choice over the two years, either as a performer or a coach. Students are then assessed in the second year of their sport.

The content of the course addresses: applied anatomy and physiology, skill acquisition, sport and society, exercise physiology, biomechanical movement, sport psychology, sport and society and the role of technology in physical activity and sport.

Year 1

A level PE covers the study of a diverse and interesting range of topics. In Year 1 you will be studying factors affecting participation in physical activity and sport. This consists of:

Topic 1: Applied anatomy and physiology

Topic 2: Skill acquisition

Topic 3: Sport and society.

You will also be performing your sport in order to improve your skills over the year.

Year 2

Year 2 focuses on factors affecting optimal performance in physical activity and sport.

Topic 1: Exercise physiology

Topic 2: Biomechanical movement

Topic 3: Sports psychology

Topic 4: Sport and society and the role of technology in physical activity and sport.

You will also be performing your sport in order to improve your skills over the year, as well as completing your written or verbal coursework on analysis of performance.

Entry Requirements:

GCSE PE Grade 5.

A pre-requisite is that a sport is played and practised outside of school for the two years of the course.

Students who have not gained this grade may be considered at the discretion of the Head of 6th Form.

Assessment Pattern:

70% of qualification is exam based

Paper 1 Factors affecting participation in physical activity and sport, 2 hour written paper (35%).

Paper 2 Factors affecting optimal performance in physical activity and sport, 2 hour written paper (35%).

30% of qualification is NEA (non examination assessment)

Performance in physical education plus written / verbal analysis of performance (90 marks).