



# COLFOX BULLETIN 7

## HEADTEACHER NEWS

We were delighted to welcome internationally acclaimed Concert Pianist Duncan Honeybourne yesterday, who gave a student masterclass and public recital on our Steinway Concert Grand Piano - photos soon. I am glad to confirm that there will be no significant staffing changes at Colfox next year, we will actually be offering more GCSE and A Level subjects than ever before - which is good news for our Students and our community. Colfox is a community school, we are here for everyone and I believe wholeheartedly in doing all we can to include everyone. I want Colfox to be able to serve all our young people in our community, and with this in mind we are expanding our provision for Students with SEN and we're working with Dorset Council to try to create a new Inclusion Hub at Colfox. Quick reminder that Students can wear **optional summer uniform** next term if they like & don't forget if you want a Y11 Leavers' Hoodie order by 9 March. As I write we are getting ready for World Book Day Fun, we'll be giving out hundreds of free World Book Day Books, thanks to [The Book Shop](#) for donating. Have a good weekend, **Adam Shelley Headteacher**

## UPCOMING EVENTS

**Week Beginning 9/3/26**  
**Week A**

Mon - Fri - Science Week!

Wed 11th - Book Launch for Y10 writers, Book Shop 6pm

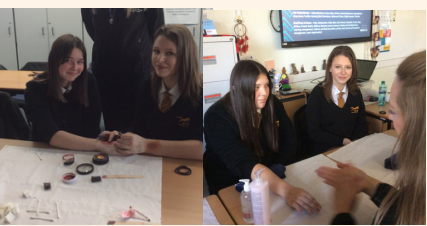
Fri 13<sup>th</sup> - Careers Lunch in Library with Tilbury Douglas Construction



You can now follow us on Facebook

## WEEKLY HIGHLIGHTS

We enjoyed a hands on Careers session this week, finding out more about working in beauty, hair & special effects makeup - some fabulous hair styles were created too! Thanks to Yeovil College for visiting.



We are very proud of our public speaking district final Youth Speaks WINNERS Eliza, Poppy & Iris! A huge well done to them, Eliza also won best speaker. They now go through to the Bristol final next month.



World Book Day Fun! We gave out 100s of free books & dressed up for a book character scavenger hunt!



## DEPARTMENT NEWS - HISTORY HAMPTON COURT PALACE SIXTH FORM TRIP



## COLFOX SCIENCE WEEKS 9-19TH

# SCIENCE WEEKS!

9-19<sup>th</sup> March @Lunch in Science - Sign-up for lunch activities in Science!

**MON 9<sup>th</sup> - Dissection**  
\*Pluck, brains & eyes



**TUE 17<sup>th</sup> - Snake in Science**



**WED 11<sup>th</sup> - Dry Ice!**



**WED 18<sup>th</sup> - Shark Talk & Dissection**



**THUR 12<sup>th</sup> & FRI 13<sup>th</sup>  
Science Show & Life in Space Sessions**



**THUR 19<sup>th</sup> - Curious Surprise Mystery Session**



# WIN YOUR HEIGHT IN EASTER EGGS!

## BUY A RAFFLE TICKET!

**Thank you to Morrisons in Bridport  
for kindly donating the eggs from  
their Community Champions Fund!**



## Support Colfox Students!

**[COLFOX.ORG/RAFFLE](https://colfox.org/raffle)**





# SWIMMING CLUB

We are a competitive swimming club offering swimming lessons and competitive swimming opportunities to Bridport and the surrounding areas.

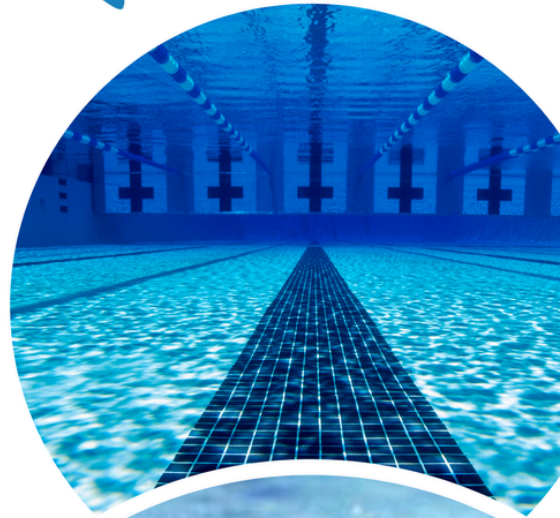
We are a volunteer based club striving to provide young athletes the opportunity to develop their swimming ability and gain the opportunity to compete in the sport of swimming

- ✓ Fun, engaging lessons & coaching
- ✓ opportunities to compete
- ✓ welcoming team of swimmers & coaches

## CONTACT DETAILS

**EMAIL:** [membership@swimbarracudas.o.uk](mailto:membership@swimbarracudas.o.uk)

**WEBSITE:** <https://uk.gomotionapp.com/team/swrdbb/page/home>



**VISIT US**  
*Today*



# Parent Support Sessions March

**Go to a free expert session on Zoom, we've paid - usual cost £24.**

**Choose [your session here](#) & use code: **SJC191226****

Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm

**INVESTIN**

# CAREERS UNLOCKED

## FREE WORKSHOP SERIES



**Ever wondered what it takes to break into some of the world's most competitive careers?**

Join us for our new Careers Unlocked series, featuring seven online workshop-style sessions led by experienced industry professionals.

**Tuesday**  
**10th March**

How to Become a Doctor  
How to Become a Lawyer

**Wednesday**  
**11th March**

How to Become an Engineer  
How to Become an Entrepreneur

**Thursday**  
**12th March**

How to Become a Psychologist  
How to Become an Investment Banker

**Tuesday**  
**17th March**

**Parent Webinar:**  
A Parent's Guide to Life After School



**REGISTER**  
**NOW**



*You can also earn a certificate of attendance to use for future applications!*

# PARENT/CARER WEBINAR

## SUPPORTING SLEEP

To mark World Sleep Day, the Mental Health Support Team in Schools would like to invite you to an online webinar focused on supporting healthy sleep in children, young people and teenagers.

We hope you can join us!

During the session, we will cover:

- Why sleep matters for children and young people
- Common sleep difficulties and what contributes to them
- Practical tips for creating healthy routines
- Where to find further help if you need it

Tuesday 10<sup>th</sup> March

13.00 - 14.00

Online



For more info & sign up: [bit.ly/4kFZZFQ](https://bit.ly/4kFZZFQ)

# GCSE Study & Revision Help

### MON - LUNCH

Science A201  
Biology A204  
French speaking B217  
Ancient History B216  
DT Coursework C101

### TUES - LUNCH

Buisness A207  
Chemistry A203  
Geography (Week A Mrs Tremelling's Class)  
DT Coursework C101

### TUES - 3.30PM

English B208 B209  
Business A207  
History A105  
Art  
Religious Studies A103

### WED - LUNCH

DT Coursework  
Physics A209  
Food C101  
DT Coursework C101

### WED - 3.30PM

Science  
History B215

### THURS - LUNCH

Biology A205  
Food C101  
Drama  
Geography (Ms Nicoll's class by invite)  
DT Coursework C101

### THURS - 3.30PM

Computer Science  
Ancient History B218  
Art  
Maths  
Music

### FRI - LUNCH

Physics A202  
Food C101  
DT Coursework C101

### FRI - 3.30PM

Geography

Go to these sessions!

Students who go do better

Library & SEN open after school Mon-Thur

# TRY INDOOR BOWLS!



## **TASTER SESSIONS FOR SECONDARY STUDENTS @ BRIDPORT INDOOR BOWLS RINK**

**Discover a fun, friendly and surprisingly competitive sport—perfect for all fitness levels!**

### **Why Give It a Go?**

- **Easy to learn, fun to master**
- **Great way to develop focus and strategy**
- **Make new friends**

***SEE MRS HUSSEY IN THE STUDENT HUB FOR MORE DETAILS !!***

**Come along, have some fun, and see what bowls is all about !!**

**Equipment provided. Comfortable clothing recommended.**