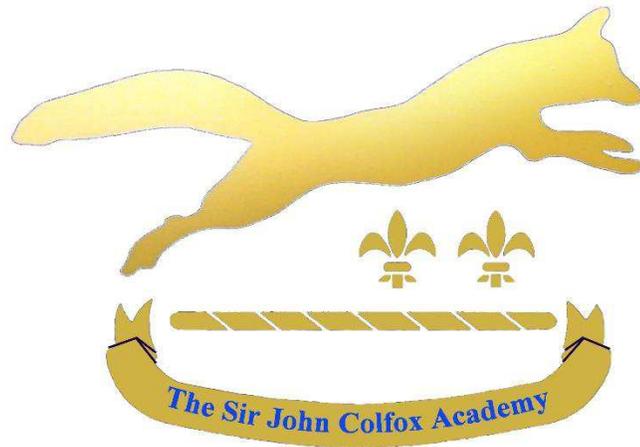


The Sir John Colfox Academy



Sex and Relationship Education Policy

Headteacher:	David Herbert
Policy Written by	The Sir John Colfox Academy
Policy Reviewed	April 2017
Ratified by Board of Governors	May 2017
Date for Review	
Signature of Chair	_____

SEX AND RELATIONSHIP EDUCATION POLICY

A) DfES BACKGROUND

i) REQUIREMENTS

The Learning and Skills Act 2000 amended the education Act 1996 and placed the responsibility for Sex and relationship education firmly with Headteachers and governors. Our policy reflects' parent's wishes and the culture of the community the school serves.

ii) LOCAL AUTHORITY GUIDELINES

Though the Learning and Skills Act 2000 gave ultimate decisions about sex and relationship education to school governors, the Local Authority plays an important role in the development of or sex and relationship programme and our policy conforms to their recommendations.

iii) SEX AND RELATIONSHIP EDUCATION AT THE SIR JOHN COLFOX ACADEMY

Sex and relationship education is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity but the importance of making informed choices based on accurate, up to date information and respect for oneself and others.

iv) THE NATIONAL CURRICULUM

Requires students to follow a broad and balanced curriculum which:

- promotes the spiritual, moral and cultural, mental and physical and emotional development of pupils at the school and of society.
- prepares such pupils for the opportunities, responsibilities and experiences of adult life.

B) POLICY STATEMENT

The Governors of The School have determined that The School will deliver sex and relationship education to students and have agreed the following policy:

- Refer to sex within the context of a loving relationship with emphasis on responsibility and commitment.
- Teach about the significance of marriage and stable relationships as key building blocks of community and society, whilst recognising the sensitivities which may be held by some individuals and the varied experiences of all students.
- Be clear, accurate and up to date in information given and to help students to develop the skills which enable them to understand differences and respect themselves and others.

- Enable students to mature, to build up their confidence and self-esteem and to understand the reasons for delaying sexual activity.
- Respect the wishes of parents who may wish to withdraw their children from sex and relationship lessons as they feel appropriate, with the exception of National Curriculum Science lessons, after discussion with teachers. Parents should contact the Head of PSHE through the Headteacher.
- Work with outside agencies to inform students about help available to them and to discuss issues surrounding sex and relationships education.
- Review and update teaching in the light of changing information and the changing views of society.

C) PROVISION WITHIN THE CURRICULUM

The central provider of sex and relationship education is the PSE Department but aspects of sex and relationship education will naturally be of a cross-curricular nature. Most notably, elements of sex and relationship education are found in science, humanities, PE, English and in specific GCSE subjects as appropriate to their Schemes of Work and syllabi e.g. Child Development.

Throughout the school, students are taught in mixed gender groups by subject specialists.

On occasions, classes will be split into single sex groups – for example for input from the school nurse, where they will consolidate work done in class in Year 8 with contraception and in Year 9 on sexually transmitted infections.

The Programme is regularly reviewed with progress monitored in the light of departmental reviews and department meetings. Sessions and materials are updated as appropriate as part of the review process. Beyond department meetings, information is disseminated less formally through memos in pigeonholes and messages in staff briefings and the staff bulletins.

Controversial topics are naturally covered within the PSHE Sex and Relationship curriculum and issues are handled sensitively and recommended procedures are followed. There is provision for confidential consultation through regular visits from health professionals who advise and support on an individual basis: these professionals deal with specific matters relating to sexual behaviour and health, as well as giving advice on general medical concerns.

The main areas covered in the curriculum are:-

AIMS:

- To know what physiological and psychological changes they will go through during puberty.
- To learn the importance of personal hygiene.
- To raise self-esteem and awareness of social pressures.
- To become familiar with the human reproductive anatomy and their functions.
- To understand the importance of trust, love and mutual respect in a relationship.
- To consider the importance of marriage and families to society and the responsibilities within that.
- To help students to establish their own personal standards.
- To establish the importance of safe sex and the risks associated with pregnancy and STI's.

- To familiarise students with the work done by outside agencies to support them in issues relating to sex and relationships.

YEARS 7-8 CONTENT

- Relationships & Friendships/Bullying
- Body image and identity
- Changes during puberty with focus on personal awareness and hygiene
- Sexuality – what it means to be LGBTQ
- Prejudice with focus on homophobia
- Sexual education – the meaning of consent and the law
- Sexual exploitation/grooming
- Healthy relationships
- Contraception – choices and where to get support
- Personal values in relation to moral issues such as ‘When is the right time to have sex?’
- Personal safety in a virtual world

YEARS 9 AND 10 CONTENT

- Relationships – healthy & unhealthy signs
- Moral compass – respect, honesty, trust, communicate, equal rights
- Dating – what defines a long term or life partner
- Choices to be made when things go wrong, with focus on, support and counselling
- STI’s and responsible behaviour
- Review of contraception choices and consent
- Parenting: planned and unplanned
- Pregnancy, birth and beyond
- Sex and society – how can we maintain a healthy view of sex?
- Mental health with focus on symptoms of stress and what support is available
- End of life