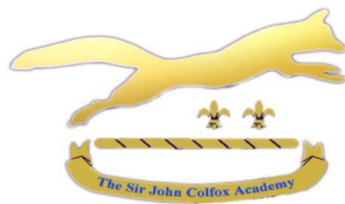


# The Sir John Colfox Academy



## Inspiring Learning, Achieving Excellence

Headteacher: Mr Adam Shelley MEd, BSc Hons, PGCE, NPQH

4 October 2019

Dear Students/Parents,

I am writing to inform you of the final details concerning the Yr12 and Yr13 PE trip to Bude from Wednesday 16 October to Friday 18 October.

Students should arrive at school at the normal time of 8.45am. Upon arrival all kit should be brought to the PE department where we will store it in the fitness suite. Students will be expected to attend lesson 1. However if the lesson was supposed to take place in Beaminster then you will need to be in Colfox instead of going to lessons.

Itinerary:

### Wednesday 16 October

10.20am - Depart from school

1pm (approximately) - Arrive in Bude

From there the activities are organised as below:

	Morning	Afternoon	Evening
Wednesday 16 October	Arrival 1pm	A – Coastal Traversing B – Coastal Traversing	Team Building
Thursday 17 October	A – Climbing B – Kayaking	A – Surfing B – Climbing	Cliff Fire
Friday 18 October	A – Kayaking B – Surfing	Depart 1pm	

We should then get back to school around 3.30pm (depending on Friday traffic) on Friday 18th October.  
Other information:

- Food and drink is catered for, but please feel free to bring spending money should we stop off at a shop to or from our activities.
- Any phones or other electrical equipment taken is solely the responsibility of the student. The school will not take any liability for these items during the trip.
- Whilst on the trip the students are still representing the school, and as such we expect them to behave appropriately. Any incidents that take place which are deemed unacceptable may result in the student being sent home or asked to be collected from the trip.

Students will also need to take the following items on the trip. These have been provided by the outdoor centre and will be needed to the activities can run smoothly. Please find the list below:

**KIT LIST -What to bring:**

Waterproof coat and waterproof overtrousers  
2 Towels (we do not supply room towels)  
Swimwear  
Wash kit  
Night clothes  
Alarm clock  
Notepad and pen  
Plenty of T-shirts  
Thick jumpers or fleece tops  
Old loose trousers/tracksuit bottoms. Jeans are very uncomfortable when wet!  
Thick socks  
Woolly hat and gloves (if forecast to be cold)  
Walking boots or wellies or  
2 pairs old trainers or similar (one pair to wear in the water)  
A small rucksack/day bag  
Thermos flask  
Drinks bottle  
Torch - essential

Outdoor Adventure supplies wetsuits and all specialist equipment but if you own a wetsuit you are welcome to bring it.

Also, there are still a number of payments outstanding for the remaining balance of the trip. Please could you ensure that full payment is made as soon as possible. If there are any problems please feel free to e-mail me on [AttwellJ@colfox.dorset.sch.uk](mailto:AttwellJ@colfox.dorset.sch.uk) or speak to me on 01308 422291.

I will be in contact next week if there are any outstanding payments remaining after Wednesday 9 October.

Many thanks,

Yours sincerely,

Miss Attwell  
Teacher of PE



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