



Inspiring Learning, Achieving Excellence

Headteacher: Mr Adam Shelley MEd, BSc Hons, PGCE, NPQH

December 2022

Dear Parents

A talk for parents: Understanding the teenage brain Tuesday 10 January 2023 6-7pm in the school hall.

We are delighted to offer the opportunity to parents to attend a free talk in school. The talk will be delivered by Jane Keyworth from the organisation FACE - Family Advice, Communication and Education. With the stresses and strains of modern life, our children and young adults have never been under so much pressure. FACE aims to offer advice, tips and support to parents who want to get the best out of their family relationships and need new tools to do that. The presentation 'Understanding the teenage brain' will last for one hour and will consider teenage brain development, how this impacts on teenage emotions, thinking and behaviour and how we can support our young people.

If you would like to attend, please email pinkettf@colfox.dorset.sch.uk with your name and the number of places you would like to reserve by Friday 6 January 2023.

Yours faithfully

Mrs C Duffy
Deputy Headteacher.